

Protect yourself, protect patients. Schedule your influenza immunization today!

It's time to face the facts about influenza risk in health care settings

- **Fact:** Unvaccinated health care workers can be a key cause of influenza outbreaks in health care settings¹
- **Fact:** Only 38% of health care workers receive a yearly influenza immunization,² despite longstanding recommendations from the Centers for Disease Control and Prevention (CDC) and other major medical groups^{1,2}
- **Fact:** You can't get influenza from the inactivated vaccine, because it's made from killed virus. Remember that you need a new vaccination every year, because each immunization only lasts for one season.

References: 1. National Foundation for Infectious Diseases (NFID). Influenza immunization among health care workers. Available at: <http://www.nfid.org/publications/calltoaction.pdf>. Accessed April 2, 2004. 2. Centers for Disease Control and Prevention (CDC). Prevention and control of influenza: recommendations of the Advisory Committee on Immunization Practices (ACIP). *MMWR Morb Mortal Wkly Rep.* 2004;53(RR-6):1-40.

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