

If you are **50 years and older...**



should be on your TO-DO list!



FACTS

- It is caused by the same virus that causes chickenpox. The virus stays in your body and can resurface any time as shingles – a painful, blistering rash. Even if you feel healthy, your risk for shingles increases as you get older.
- One out of three people will develop shingles. Risk factors include age (50+ years), weakened immune system (due to diseases, cancer treatments, medications), and history of chickenpox.
- The shingles vaccine (Zostavax®) can reduce the risk of developing shingles and its associated pain.

Where

See Below for Eligibility By Appointment Only

Lancaster State Health Center 1661 Old Philadelphia Pike Lancaster PA 17602 717-299-7597

You are eligible for shingles vaccine at **LOW** or **NO COST** if you are **50 years and older** *AND*

- **underinsured** (your insurance does not cover the vaccine) or
- uninsured (no insurance)

Please call Lancaster County State Health Center at (717) 299-7597 if you have questions or to schedule an appointment.