

Adults Need Vaccines, Too!

VACCINES ARE THE BEST WAY TO PROTECT YOURSELF AND YOUR FAMILY FROM SEVERE DISEASE.



Talk to your healthcare provider about vaccines recommended for you, which may include:

COVID-19

COVID-19 virus can cause severe pneumonia, heart inflammation, blood clots, and Long COVID syndrome.

Hepatitis A & Hepatitis B

Hepatitis A and Hepatitis B viruses can cause liver damage that can lead to liver cancer.

Human papillomavirus (HPV)

HPV virus can lead to six types of cancer - cervical, vaginal, vulvar, anal, penile, and throat.

Influenza (Flu)

Often dismissed as “just the flu,” influenza can cause aches, fever, tiredness, and pneumonia.

Measles, mumps, rubella (MMR)

Measles, Mumps, and Rubella could lead to hearing loss, sterility in males, testicular inflammation, pneumonia, and severe swelling of the brain.

Pneumococcal (PPSV23, PCV15, PCV20)

Pneumococcal bacteria causes pneumonia, blood and brain infections, and meningitis (swelling around the spine and brain).

Respiratory syncytial virus (RSV)

RSV is a common respiratory virus that usually causes mild, cold-like symptoms but can lead to more severe infections in some cases.

Tetanus, diphtheria, pertussis (Tdap, Td)

Tetanus causes painful stiffening of the muscles. Diphtheria can lead to difficulty breathing and heart failure. Pertussis, also known as “whooping cough”, can cause uncontrollable, severe coughing making it hard to breathe.

Zoster (Shingles)

Shingles can cause long-term nerve pain.

Additional vaccines may be recommended if you have certain conditions, including: Diabetes, Heart Disease, HIV Infection, Liver Disease, and/or COPD/Asthma.