



# #UDontGetIt

teens need **3** vaccines  
in addition to an annual flu vaccine



[UDontGetIt.org](http://UDontGetIt.org)

#### HERE'S WHAT U DON'T GET:

**Tetanus, Diphtheria, Pertussis, Meningitis, Human Papillomavirus (HPV)**

All are serious diseases that can cause symptoms and complications such as brain damage, severe scarring, amputation of limbs, fever, lockjaw, seizures, irregular heartbeat, difficulty breathing, kidney damage, genital warts, cancer and even death.

**These diseases are preventable if teens receive 3 vaccines.**

**Tdap:** 1 dose | **MCV4:** 2 doses | **HPV:** 2-3 doses

**Get your vaccines so #UDontGetIt**





# #UDontGetIt

teens need **3** vaccines  
in addition to an annual flu vaccine



[UDontGetIt.org](http://UDontGetIt.org)

#### HERE'S WHAT U DON'T GET:

**Tetanus, Diphtheria, Pertussis, Meningitis, Human Papillomavirus (HPV)**

All are serious diseases that can cause symptoms and complications such as brain damage, severe scarring, amputation of limbs, fever, lockjaw, seizures, irregular heartbeat, difficulty breathing, kidney damage, genital warts, cancer and even death.

**These diseases are preventable if teens receive 3 vaccines.**

**Tdap:** 1 dose | **MCV4:** 2 doses | **HPV:** 2-3 doses

**Get your vaccines so #UDontGetIt**

